

# Essentials of Work Health and Safety

## Essentials compliance training

### Quality training content

- Time-efficient compliance courses focused on key topics
- Developed in Australia for use in all states and territories
- Regularly updated to comply with current regulations
- Engaging, interactive content
- Online assessments included to ensure effective learning
- Responsive and accessible design to maximise usability

### Powerful learning tools

- Take advantage of our exclusive Online Compliance LMS
- Simplify training for existing staff, inductions and refreshers
- Create custom training schedules for different roles
- Generate real-time reports
- Automate the sending of invitations and reminders
- Upload your own documents to complement courses

# Essentials of Work Health and Safety

Every employer has a responsibility to provide a safe environment for workers and others in the workplace and to take all reasonable steps necessary to prevent harm and injury. Workers also share a responsibility to protect their own wellbeing and the wellbeing of others. This popular online compliance training module explains the responsibilities shared by employers and workers. This course not only aims to impart knowledge about legal regulations and Work Health and Safety (WHS) concepts, but encourages each staff member to apply the knowledge to their everyday activities.



## Course structure and delivery

This course is delivered online at the learner's own pace and takes about 25 minutes to complete, though it can be completed over multiple sessions. At the conclusion of the training, learners will undertake a brief quiz which must be passed to complete the course.

## Built-in course features

All MCQ International courses are designed to operate on a wide variety of devices, including computers, iPads, tablets and mobile phones. Optional accessibility features include audio narration, dark mode display, and a distraction-free 'reader view'. Course progress is recorded automatically across all devices.

## About our 'Essentials' courses

MCQ International offers two options for your training needs: our *Comprehensive* courses cover a broader subject area in depth and are suitable for management and roles with higher compliance risks. Our *Essentials* courses each take around 25-40 minutes to complete, are more focused on specific training topics, and are suitable for roles at all levels. You can easily mix-and-match both options to suit your needs.

## Topics covered in the course

The *Essentials of Work Health and Safety* course covers the following topic areas:

- What is meant by Work Health and Safety
- Why Work Health and Safety is important
- The legal framework for WHS
- Key motivations for ensuring safety at work
- The 'duty of care' legal principle
- Consequences for breaching WHS laws
- How WHS laws are enforced
- The roles and responsibilities of employers
- Rights and responsibilities of workers
- The importance of WHS policies
- How to prevent workplace accidents
- Reporting accidents and near-misses.

## Find out more

Contact us now via email at [sales@mcqi.com.au](mailto:sales@mcqi.com.au) or simply scan the code on the right to get more information about the course content, pricing options and how to purchase.

